

Greetings USMS Delegate,

The 2019 U.S. Masters Swimming Annual Meeting held in conjunction with the USAS convention at the Hyatt Regency St. Louis at The Arch, September 11-15, will be here before we know it!

Sections of the pre-convention packet have been posted and are available on the [2019 USMS Annual Meeting page](#). Information includes the schedule and meeting rooms, proposed amendments, as well as other important documents and [announcements](#). Additionally, it is recommended that everyone read the [Welcome Letter](#) and [Survival Guide](#). Please be sure to check back frequently to see if any sections have been updated.

#### **Important Announcements:**

- **Legislative Proposals Open Forum**

The Legislation Committee will be hosting an open forum call to review all [Proposed Legislative Amendments](#). This will be a time for all delegates to bring up questions about the proposals and the committee's recommendations prior to the annual meeting.

- **Save the Date: Sunday, September 8<sup>th</sup>, at 6PM EST - [Sign up for the call here](#)**

Toll Number: 701-801-1220

US Toll-Free Number: 855-212-0212

Access Code 707-968-145

- **Morning Workouts - Thursday, Friday & Saturday 6:00am – 7:00am**

They're fun, will get your heart pumping and will stimulate friendly discussion!

- Swim - Since we are mostly swimmers, workouts have been arranged at Maplewood Family Aquatic Center. Buses will arrive at 5:20am and depart for the pool PROMPTLY at 5:30am From the HYATT. [Sign up to be a coach on deck](#)
- Dry Land - will be available Thursday through Saturday from 6:00 – 7:00am in the Regency Foyer at the HYATT. [Sign up to coach dryland](#)

- **2019 Elections: Electronic Voting**

The Elections Committee is excited to once again bring electronic voting to the HOD which replaced the process of paper ballots in 2018. Not only will we receive election results much faster, we will also save time on distributing and counting ballots. This email address will be where you receive your electronic ballot. If your email address needs to be updated, please contact Volunteer Services prior to convention at [volunteer@usmastersswimming.org](mailto:volunteer@usmastersswimming.org).

Thank you for all that you do for USMS and we are looking forward to seeing you in St. Louis!

Please let me know if you have any questions,

Volunteer Services

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Volunteer Services

[U.S. Masters Swimming](#) | 941-256-USMS (8767)

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